



This camp is supported by the Puget Sound Amateur Hockey Association and the Rainier Hockey League. The Board of Directors want to remind you to register for the 2010-2011 season. Those who register prior to July 15th will receive last years prices and will only be charged the appropriate registration fee, monthly payments will begin in August and run for 12 months.

Please fill out the form on the reverse and send ASAP to secure your spot in this camp to 1918 Stewart Street, Tacoma, WA. 98421 with a check included for \$100.00 payable to P.S.A.H.A.

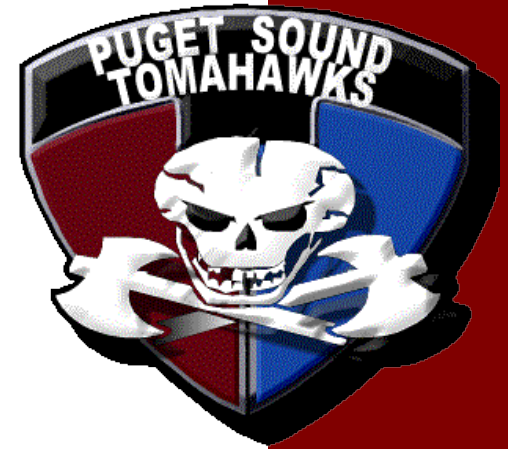
**Puget Sound Hockey Center**

Phone: 253-272-1757



1918 Stewart St  
Tacoma, WA 98421

**Puget Sound Hockey Center**



**Youth & Adult  
Hockey Camp**

**August 7th & 8th**

It is that time of year to start thinking about taking out the skates and getting ready for a new season of hockey. Registrations are open, tryouts are right around the corner and we would like to invite you to the Puget Sound Tomahawks Youth & Adult Hockey Camp.

This camp is being put on by the Tier III Junior A Puget Sound Tomahawks of the Nor-Pac league. The camp is for anyone who wants to improve their skills or get in shape for the upcoming tryouts and season.

The camp will be held August 27th and 28th at the Puget Sound Hockey Center. You will receive 4 1/2 hours on ice and 4 1/2 hours off ice conditioning. The cost is \$100.00.

### Instructors

**Jason Quinn** - Head Coach Puget Sound Tomahawks

**Dean Curow** - Assistant Coach Puget Sound Tomahawks

**Jordan McTaggart** - Assistant Coach Puget Sound Tomahawks

**Trevor Quinn** - Trainer Puget Sound Tomahawks

Guest Coaches and Players will also be in attendance helping with this camp.

## Schedule

### Youth

#### Saturday 7th

12:15 PM - 1:45 PM On Ice  
2:00 PM - 3:30 PM Off Ice  
3:45 PM - 5:15 PM Lunch  
5:45 PM - 7:15 PM On Ice  
7:30 PM - 9:00 PM Off Ice

#### Sunday 8th

10:45 AM - 12:15 PM On Ice  
12:30 PM - 2:00 PM Off Ice

### Adults

#### Saturday 7th

12:15 PM - 1:45 PM Off Ice  
2:00 PM - 3:30 PM On Ice  
3:45 PM - 5:15 PM Lunch  
5:45 PM - 7:15 PM Off Ice  
7:30 PM - 9:00 PM On Ice

#### Sunday 8th

10:45 AM - 12:15 PM Off Ice  
12:30 PM - 2:00 PM On Ice

## REGISTRATION

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Age \_\_\_\_\_ Adult Youth  
Camp Selection (please circle one)

Acknowledge and fully understand that each participant will be engaging in activities that involve risk of serious injury, including permanent disability and death, and severe social and economic losses which might result not only from their own action, inactions or negligence of others, the rules of play, or the condition of the premises or of any equipment used. Further, that they may be other risks not known to us or not reasonably foreseeable at this time. Accept all the foregoing risks and accept personal responsibility for the damages following such injury, permanent disability or death.

Release, waive, discharge and covenant not to sue Puget Sound Amateur Hockey Assn its affiliated clubs, their respective administrators, directors, agents, coaches, and other employees of the organization, other participants, sponsoring agencies, sponsors, advertisers, and if applicable owners and leasers of premises used to conduct the event, all of which are hereinafter referred to as "releasees", from demands, losses or damages on account of injury, including death or damage to property, caused or alleged to be caused in whole or in part by the negligence of the releasee or otherwise.

This is to certify that on this date, I for myself or as parent or guardian of above participant give my consent to obtain medical care from any licensed physician, hospital, or clinic for any injury that could arise from participation in this event

Name \_\_\_\_\_

Signature \_\_\_\_\_



**Puget Sound Tomahawks**

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